

## NOLS Spring Break Info

**Trip Dates:** March 7<sup>th</sup>-15<sup>th</sup>, 2020 (Spring Break)

- Dates include travel days to and from Salt Lake City, so you will be on the actual course from the 8<sup>th</sup>-14<sup>th</sup>.
- Please don't apply if you know you have a conflict during these dates or think you may need to drop out for another commitment.

**Application:**

- Link to application is available in the Scholar Bulletin and on the Robertson Resources Page.
- All applications must be submitted by **Monday, December 16<sup>th</sup>**.
- In selecting participants, we will try to make sure we achieve a diverse group across classes and campuses.

**Things to know before you go:**

- Previous backpacking experience and "extreme athleticism" are *not necessary*! It's a great course for all ability levels, and having different strengths and weaknesses represented in the group will make for a better dynamic and overall experience.
- Your flights from RDU to Salt Lake City and back are covered by the Program, as is the hotel in Salt Lake City.
- Equipment deposit: NOLS asks for a \$200 deposit, but any money not used on rented or purchased gear will be returned to you after the trip. Please talk to Meera if you have any concerns about this expense.
- Official NOLS Forms: Once you are selected for the trip, you are required to create a NOLS account online and fill out the official forms by **Friday, January 17<sup>th</sup>**. The medical forms require immunization records, a physical exam and a doctor's signature. Completing the forms will take some time so don't put it off!
- Out-of-pocket expenses: Expenses can be as low or as high as you choose, depending on the quality and quantity of gear you purchase. This could be a good time to buy that camping gear you have always wanted, but that can really add up. Ask around and try to borrow most of the things on the packing list, and consider renting from NOLS if you don't want to buy. Boots may be the one exception to this- you don't want to cut corners with those or you may regret it on the course.
- Packing List: Pack light, but do not leave out the important things. When in doubt, ask a Robertson who has been on the trip or contact NOLS directly. See NOLS equipment list for details.